

1st Wamboin Scout Group Cub Scout Section

PROGRAM Safety

10th September 2003

19:00 Opening Inspection, Grand Howl, Flag Break

Duty Six duties reminder.

Duty Six: Tawny

19:10 Game Missing Match Sticks

Active Sixes may work in pairs or all together. They line up at one, or *Indoor* either, end of the hall, depending on number of teams. A chalk

circle for each Six at opposite end, or in the middle, as the appropriate. An identical number of match sticks in each circle (about 10). Cubs take it in turns to run to their circle and take a match stick which they place in (one of) their opponent's circle and

return to place, touching off the next runner.

The aim is to have the *least number* of sticks at the end of a set time.

19:20 Game Floating Bomb

Active Using chalk, divide the Hall into four sections. Each Six defends a *Indoor* quarter of the Hall. A balloon is released at the centre of the Hall

and Cubs must blow (no hands) to keep the balloon in the air. If

the balloon lands in their Quarter, a Six has been 'hit'.

19:30 Game Kim's Game

Indoor

Sense Training 10-20 items. Work as individuals and/or groups.

Indoor 2 minutes to look and remember, 5 minutes to write down items,

and a couple of minutes to review answers.

19:40 Game Lasso
Instructional Sixes in relay formation. Each Cub must tie a bowline in one end

(Revision) of a piece of rope and throw it over a pole.

19:50 Activity **Boomerang Test 2 – Safety**

Break into Boomerang groups to discuss safety:

Bronze Home & Road Safety

Silver Water Safety

Gold Safety in the Bush

20:10 Game Sense Training The Red Flower

Indoor

Based on Jungle Book story of Mowgli, stealing into a camp at night to light a stick on the camp fire and then returning to the jungle.

Alana Connor
Eleanor Geoffrey
Graeme Hayden
Jack E Jack M
Josh Kahli
Lauren Nadine
Nick Stevie

All cubs except one blindfolded and sitting, spaced out, around hall. Noisy object (cluster of bells, keys etc.—the Red Flower) in centre of hall. Cub who is not blindfolded must walk from the perimeter of the hall to the centre, retrieve the 'noisy object', and return to the perimeter without being heard and touched by one of the blindfolded cubs. Blindfolded cubs may reach out with their hands if they hear a noise near by, and try to touch the cub who is trying to steal the Red Flower. They cannot reach out at random—there must be a noise, or reason to reach out. They can also only sweep their hands around once, then must return them to their laps and wait again.

20:25 Closing

Award Presentations: Grand Howl, Flag-down

Announcements: Outdoor Scouting Training Day

Reminders:

Prayer

Duty Six for 17/9: Grey

Reserve Game Active Indoor

Human Caterpillar

Players in relay formation. The first player in each group stands with feet apart. The next bends over in the leap-frog position. Positions alternate in this way for each group. At the signal, the last player in each group crawls under the legs of the player in front, vaults over the next, and so on until he/she has reached the head of the line. This player then runs to other end of the hall, tags the wall, runs back, and joins the front of the line, standing with legs astride or in the leap-frog position as appropriate. Note however, that while the player is running to the end of the hall and back, the other players change their position (either from feet apart to leap-frog, or vice versa). As soon as he/she is back, the next player starts up the line in the same manner.

The game continues until all players have run. The first team finished, at attention in a straight line, is the winner.

Reserve Game Active Indoor

Skin the Snake

This is an exercise in flexibility and coordination.

Sixes in lines, one member behind the other, with legs apart. With the exception of the last Cub in each line, Cubs bend over and hold their right arm between their legs. With the exception of the first Cub in the line, Cubs take hold of the (right) hand of the Cub in front of them with their left hand. Hands must remain clasped together throughout the following exercise.

The Cub at the end of the line now lies down on the floor, sliding beneath the legs of the Cubs in front as needed to keep hands clasped together. The line of Cubs gradually moves back over the Cub lying on the floor. As a Cub passes over the Cub who was behind them, they too lie down on the floor, with their legs straddling the Cub (lying down) in front, and as close as possible to the Cub (lying down) in front—remember, hands should remain clasped throughout.

When the Cub who was at the front of the line passes over the Cub who was behind (when in line), and lies down on the floor, the snake has been skinned!

Reverse the process, all the time keeping hands clasped together, to complete the game. First Six finished and at attention is the winner.

Reserve Game Instructional (Revision) Indoor

Australian Flag

Each Cub is given a picture of an Australian Flag, most of which (or all) will contain an error. Identify the error in the picture provided.

Reserve Game Sense Training Indoor

Japanese Shoe Scramble

All Cubs take off their shoes and place them in the centre of the hall. Everybody goes back to their Sixes while the Leader(s) mix up the shoes. Turn out the lights and let the Cubs scramble to find their own shoes and put them on. First Six back in a line, with their shoes on (shoe laces tied, if necessary), wins.

Reserve Game Sense Training Indoor

Good Morning Mum/Dad!

One blindfolded cub in the centre of a large circle formed by other Cubs. Blindfolded Cub is turned around three times, and must then point to someone in the circle who must say in their normal voice "Good morning Mum!" or "Good morning Dad!" (as appropriate). Blindfolded Cub must identify the person chosen.

Reserve Game Sense Training Indoor

Steps

Cubs take up any position, standing on the floor of the Hall. One Cub is blindfolded—his object is to touch one of the other Cubs. Cubs may take a total of three steps only, in any direction, to dodge the blindfolded Cub.

When a Cub takes his/her first step, he/she places one hand on his/her hip. After the second step he/she places his/her other hand on his/her other hip. After the third step he/she folds his/her arms. This enables every player to see at what stage the others are.

After a Cub is touched, he/she becomes the blindfolded Cub, and the others are allowed three more steps. Change the blindfold periodically if progress is slow.